

## Medicine Cabinet

# Every Medication: On Time, On Track and 'On Paper'

Keeping track of just one prescription drug and remembering to take it as directed is a challenge. Multiple medications complicate the problem, along with the risks of non-adherence or possible harmful interactions. **Medicine Cabinet** helps Rx Savings Solutions members stay organized and on schedule.

### All-in-One, and All in One Place

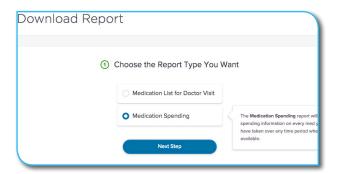
**Medicine Cabinet** organizes all member prescriptions into a virtual, visual display. Medication names, strength, dosage and quantity are populated automatically based on claims. No manual entry required—and no chance for clinical error!

Views can easily be categorized by:

- Short-term medications
- Maintenance medications
- Health condition

#### Handy reports include:

- Medication List for a Doctor Visit Download, print, send or view a complete list of medications with available savings suggestions prior to or during an appointment
- Medication Spending Just click for customizable spending reports for latest fills, tax years or custom date ranges



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I liked that my medications are already inputted into the Rx Savings system. It's a great way to keep track of my prescription costs over time.

- Community Health Options member

# The Importance of Adherence



\$100B - \$300B

Range of avoidable health care costs attributed to nonadherence in the US annually.

(IMS Institute for Healthcare Informatics)

50%

Approximate percentage of cardiovascular disease patients with poor adherence to prescribed medications.
(NIH, National Center for Biotechnology Information)

\$16,499

Annual healthcare spending for a diabetes patient with low medication adherence, compared to \$8,886 for one with high adherence.

(BMC Cardiovasc Disord)

33% - 69%

Percentage of medication-related hospital admissions attributable to poor adherence. (adhereforhealth.org)

125,000

Number of deaths annually caused by medication non-adherence. (Annals of Internal Medicine)

## 'It's Time to Take Your Medicine!'

## "I forgot."

 How 52% of respondents answered a Truven Health Analytics-NPR Health Poll, when asked why they missed a dose of a prescribed drug.

A friendly reminder can go a long way. The **Medication Reminders** feature allows members to set convenient text or push notification prompts for taking items in their Medicine Cabinet on schedule.

